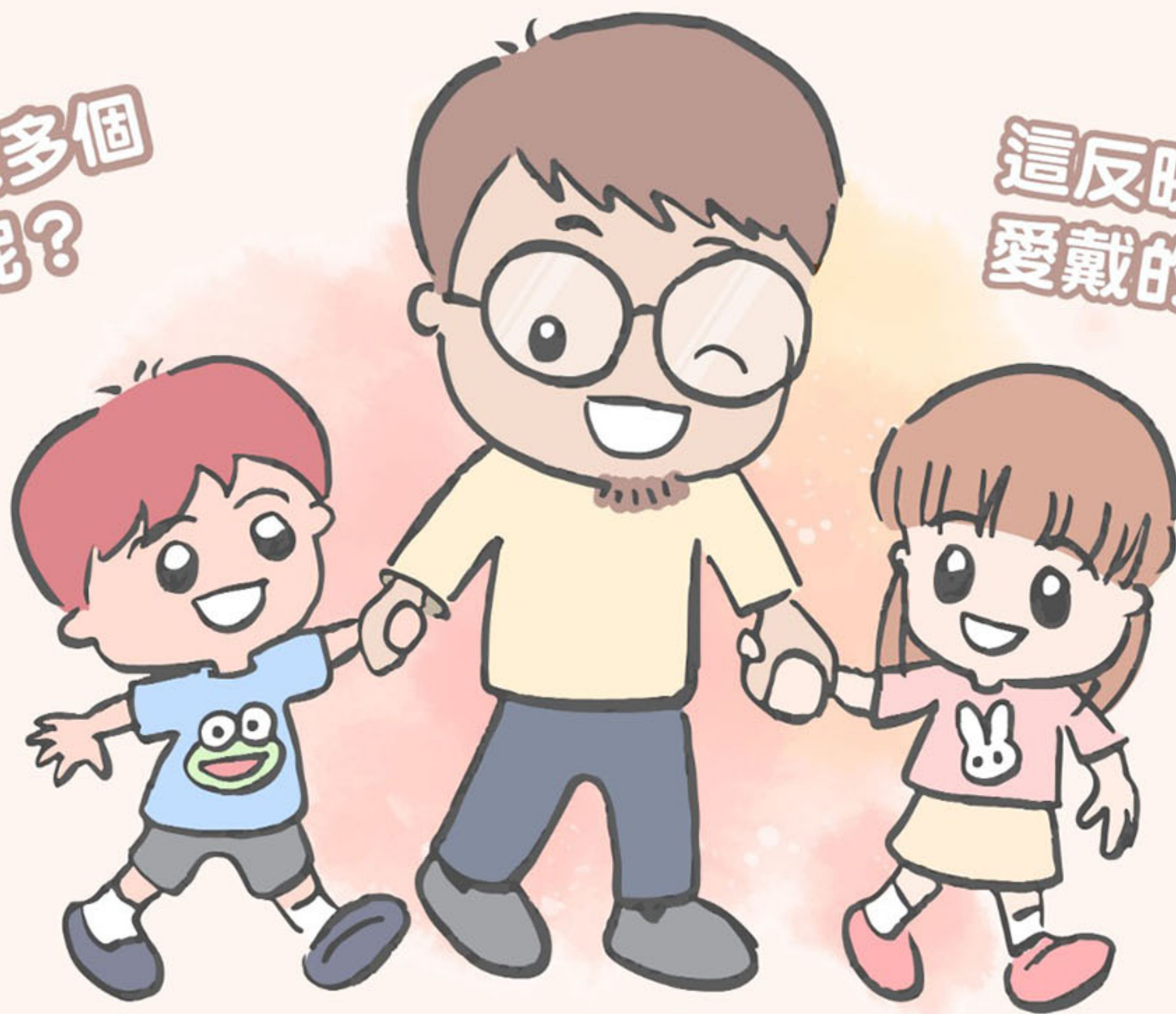


10條問題測試你是否受孩子愛戴的爸爸?

你答了幾多個「是」呢?

這反映出你受子女愛戴的程度。

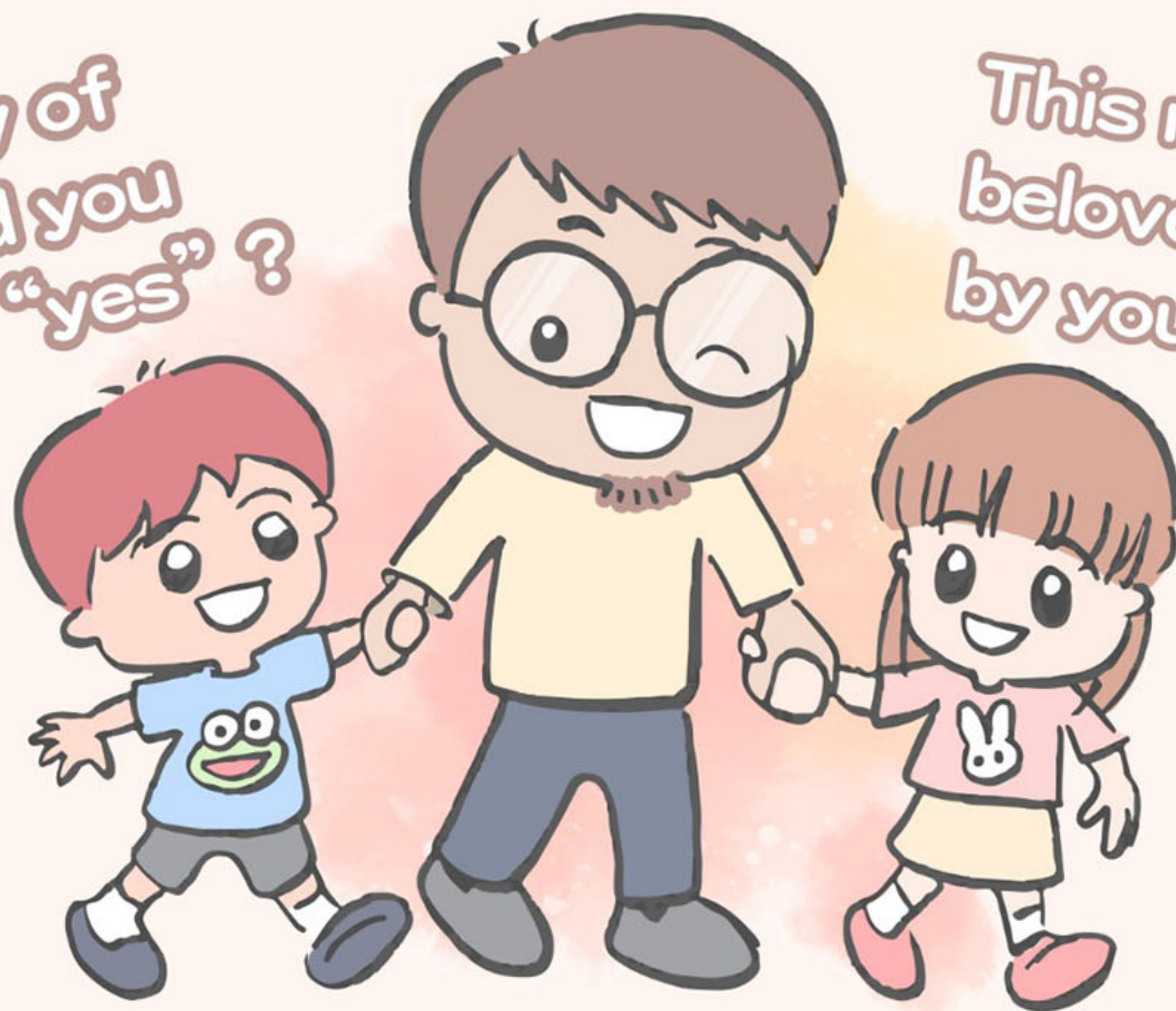


1. 你會單獨和子女外出活動
2. 你不用發怒，子女都會聽從你
3. 子女年幼時與你有父子/父女裝
4. 子女年幼時會在街上拖著你的手
5. 子女會介紹他的好朋友給你認識
6. 子女會與你聊天，有講有笑
7. 子女喜歡跟你一起玩
8. 子女會送生日禮物給你
9. 子女會幫你慶祝父親節
10. 子女有困難時會找你幫助

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10 questions to find out if you are a beloved father

How many of these did you answer "yes"?



This reflects how beloved you are by your children.

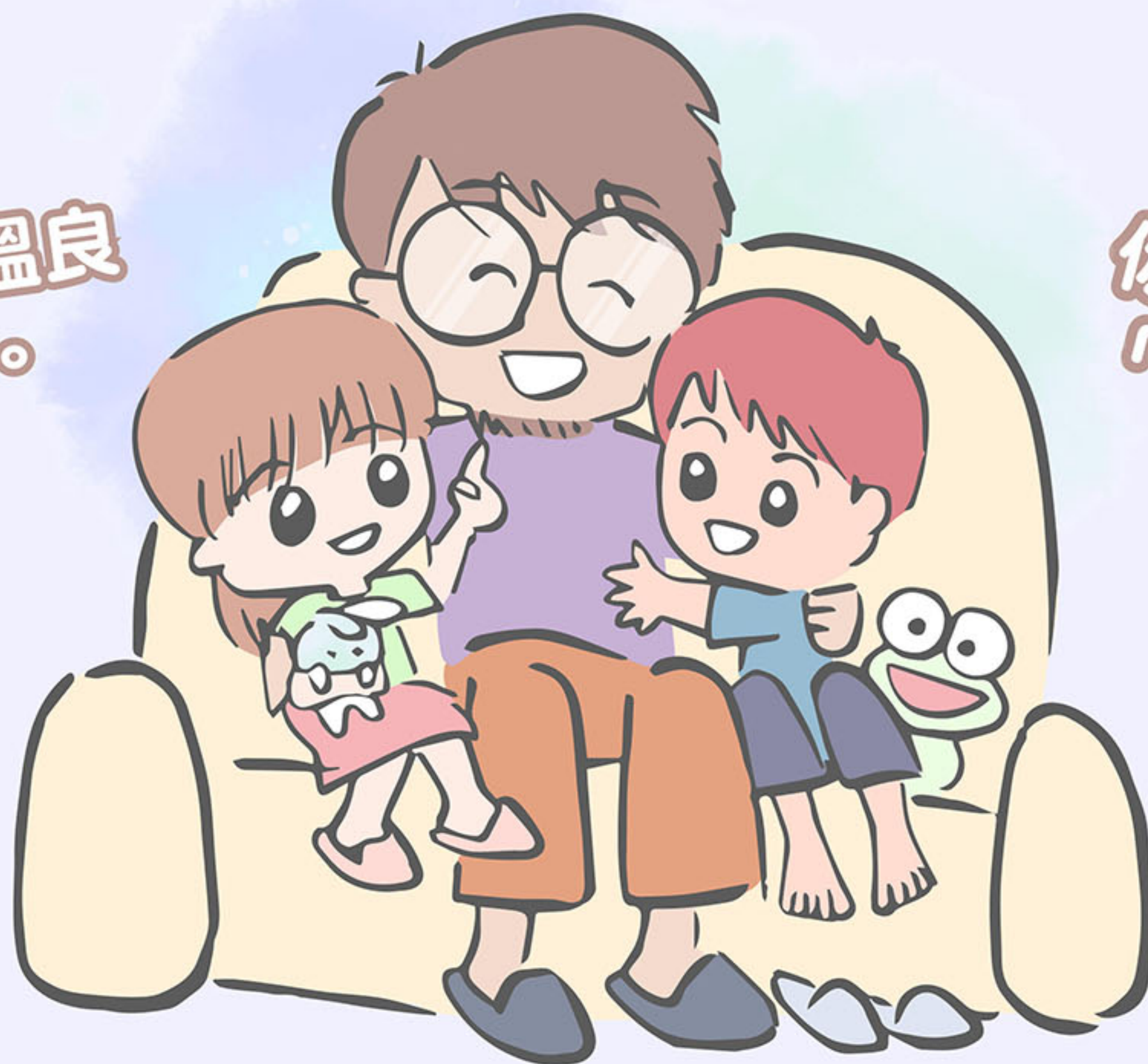
1. Do your children love to play with you?
2. Can you not be angry, and your children will still listen to you?
3. Do you have a father-son/father-daughter outfit when your children were young?
4. Do your children hold your hand while going out when they were young?
5. Do your children talk and laugh with you?
6. Do your children introduce you to their best friends?
7. Do you go out with your children on activities by yourself only?
8. Do your children give you birthday presents?
9. Do your children celebrate Father's Day with you?
10. Do your children come to you for help when they have difficulties?

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10條問題測試你是否溫良慈愛的爸爸？

這反映出你溫良
慈愛的程度。



你答了幾多個
「是」呢？

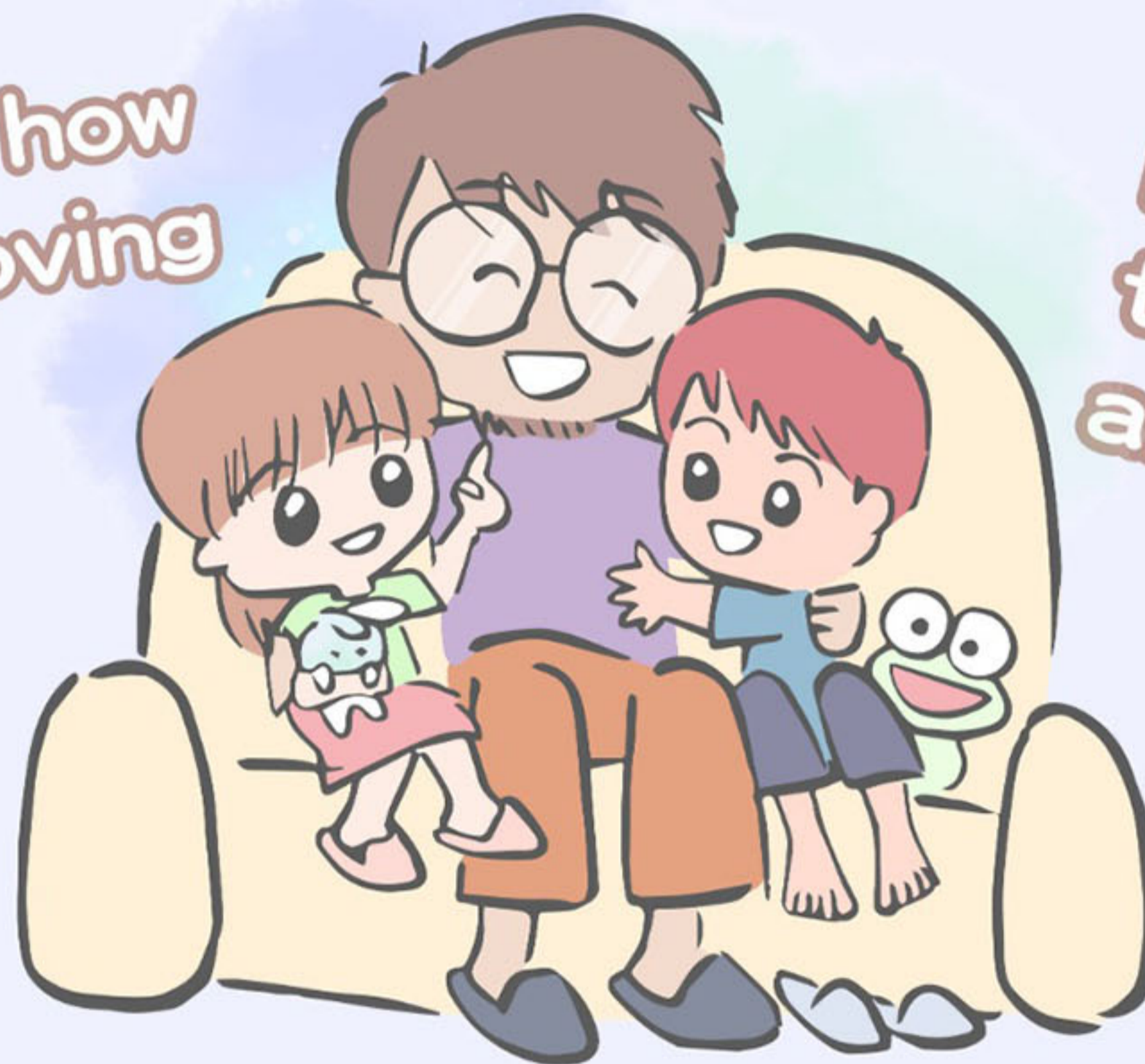
1. 我與子女相處時，態度溫和正面和友善
2. 我會用子女受落的方式表達父愛
3. 我會耐心教導和協助子女成長
4. 我會多看子女的優點，少看他們的缺點
5. 我和子女有親密感
6. 我會向子女分享自己的脆弱和缺點
7. 子女有錯時，我會體諒他們需要時間成長，不急於立刻糾正
8. 如子女需要，我會暫停手上事務，專心聆聽他們
9. 責備子女的過錯時，我會先給他們解釋的機會
10. 需要訓斥子女時，我針對的是那錯的行為，而不是他們本人

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10 questions to find out if you are a tender and loving father

This reflects how tender and loving you are.



How many of these did you answer "yes"?

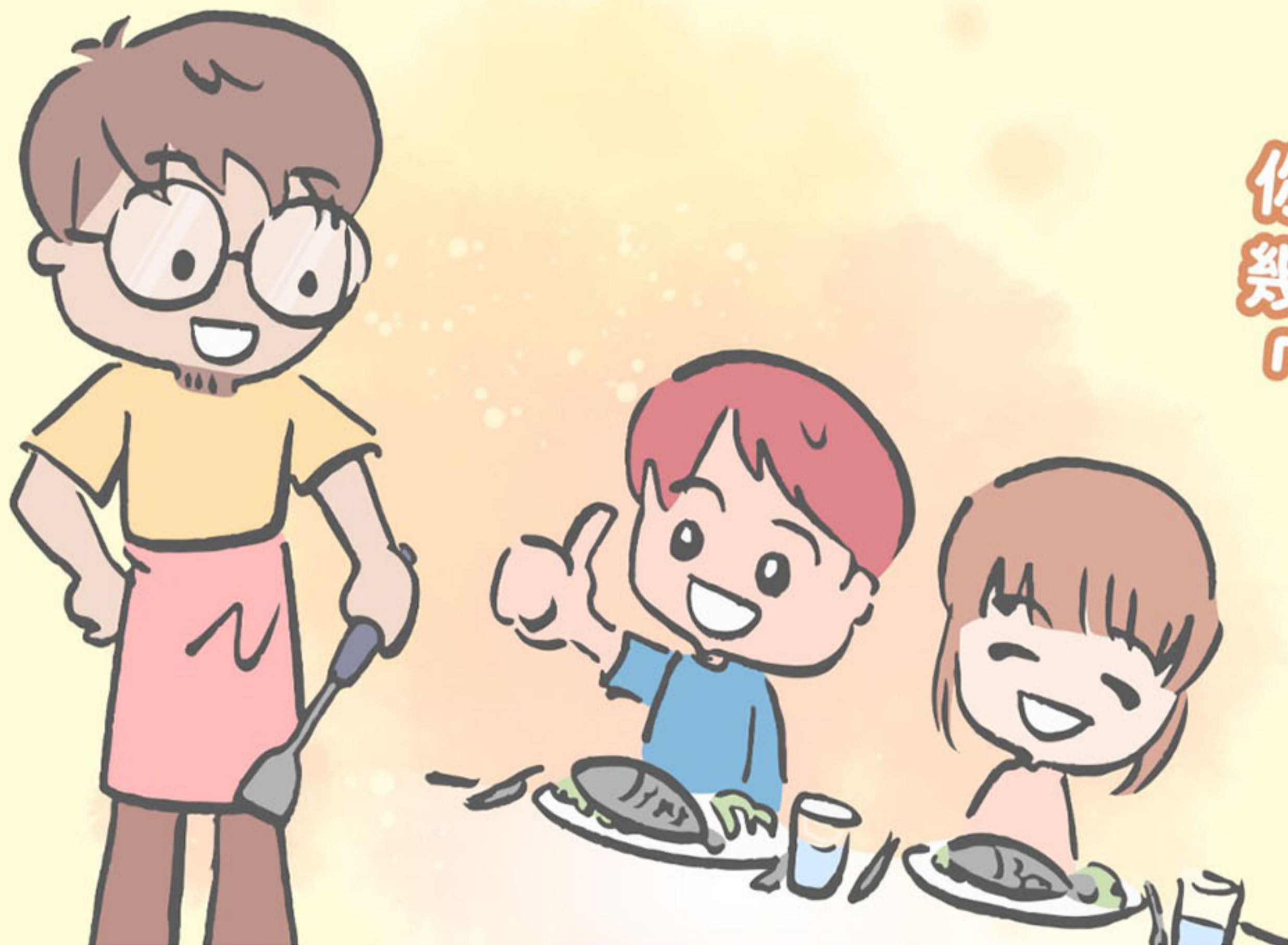
1. Are you tender, positive and friendly with your children?
2. Do you express father's love in a way that your children find acceptable?
3. Are you patient in guiding and helping your children to grow?
4. Do you focus on your children's strength, less on their weaknesses?
5. Are you close to your children?
6. Do you share your shortcomings and weakness with your children?
7. When your children make mistakes, can you accommodate that they need time to mature, and not rush into correcting them immediately?
8. When your children have the need, do you stop whatever you are doing and give them your undivided attention?
9. When you discipline your children for something they did wrong, do you let them explain themselves first?
10. When there is a need to reprimand your children, do you focus on the wrong behaviour, and not on them personally as they are?

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10條問題測試你是否服從的爸爸？

這反映出
你服從的
程度。



你答了
幾多個
「是」？

1. 對子女自己解決問題的能力有信心
2. 會讓子女有表達自己意見的空間
3. 決定和行動前會先考慮家人和子女
4. 能鍥而不捨地向著應做的目標前進
5. 凡事祇要盡了力，就以平常心看待，
作為給子女的榜樣
6. 能以身作則去體現重要的價值觀
7. 當子女所說的很有道理，我會放下身段聽從
8. 願意為家人和子女，隨時都願意付出
9. 願意為子女的著想，去改變自己
10. 對於答應了子女做的事，我一般會很快會
完成

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10 questions to find out if you are an obedient father

This reflects how obedient you are.



How many of these did you answer "yes"?



1. Are you confident on your children's ability to solve problems on their own?
2. Do you provide opportunities for your children to express their own opinions?
3. Before making decisions and taking actions, do you first consider your family and children?
4. Can you be tenacious to steer towards your responsible goal?
6. Do you live out important core values?

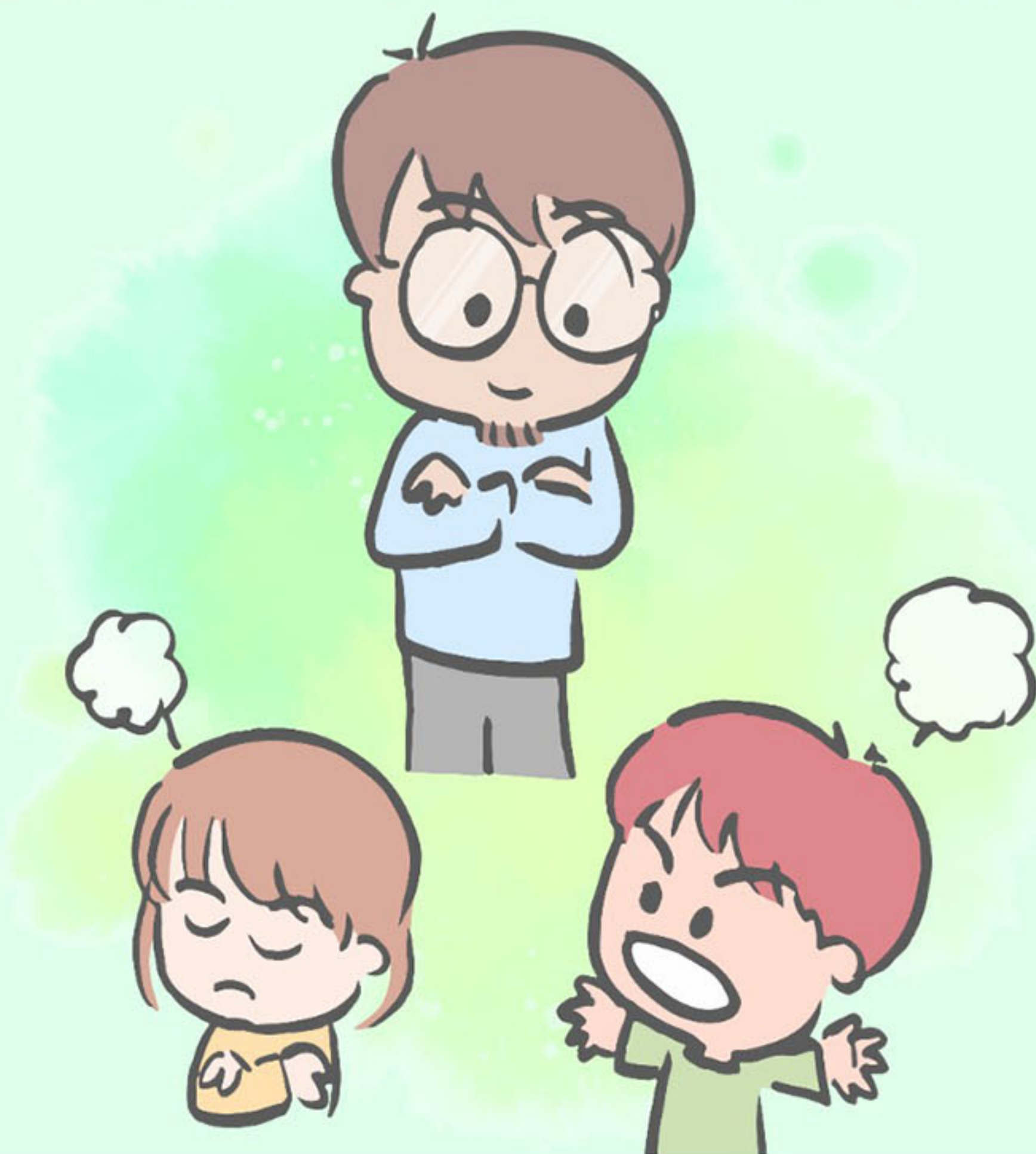
5. Do you set a good role model for your children to make the best efforts and be at peace with the outcomes?
7. Do you listen to and follow your children's opinions if they make sense?
8. Do you always stand ready to make sacrifice for your family and children?
9. Are you willing to change yourself for the betterment of your children?
10. Do you generally act promptly to what you have promised your children?

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10條問題測試你是否接納的爸爸？

這反映出
你接納的
程度。



你答了
幾多個
「是」？

1. 當事與願違時，你接受天主容許它發生
2. 願意積極面對生命中的挫折、局限、苦痛
3. 接納低下階層及有需要人士，關懷貧苦老弱
4. 以「盡人事，安天命」的樂觀心態感染子女
5. 當子女成績、才智、表現不理想時，你會接納他們
6. 會按子女特質、成長進度等，來教養他們
7. 應做就去做，並且鍥而不捨地向著目標前進
8. 能夠自在地面對自己的局限
9. 為家人的好處，隨時都不吝嗇獻出一己所能
10. 面對難以洞悉的世情和際遇時，先不抱怨和排斥

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10 questions to find out if you are an accepting father

This reflects how accepting you are.



How many of these did you answer "yes"?

1. When things do not turn out as you wish, do you accept that God allows it to happen?
2. Are you willing to face with a positive attitude the frustrations, limitations and pains in life?
3. When certain things in life are beyond your comprehension, do you neither complain nor rebel?
4. Do you accept your own limitations comfortably and freely?
5. Do you accept that your children may not always get good grades, be talented or perform well?

6. Do you nurture your children according to their unique traits and pace of growth & development?
7. Do you accept the grassroots community and care for the poor, the elderly, the weak and those in need?
8. Do you influence your children with an optimistic attitude of "do the best and trust in the Lord"?
9. For the good of your family, do you always selflessly offer all you are capable of?
10. Do you follow what is right, and keep moving towards achieving the goal with perseverance?

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10條問題測試你是否富有創意和勇氣的爸爸？



這反映出你的創意
和勇氣的程度。

你答了幾多
個「是」？

1. 我會為有需要的人說公道話
2. 當困難在前，我不會一走了之
3. 前景不明時，我會安心信靠天主的安排
4. 我會因應情況，靈活地管教子女
5. 我會捍衛及保護子女的需要
6. 我常與子女分享新點子
7. 我會依賴天主去化家庭危難為機
8. 我喜歡離開安舒區，去嘗試新事物
9. 我重視天主信任我，把妻兒交託給我
10. 我常會有出人意料的解決問題方法

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10 questions to find out if you are a creatively courageous father

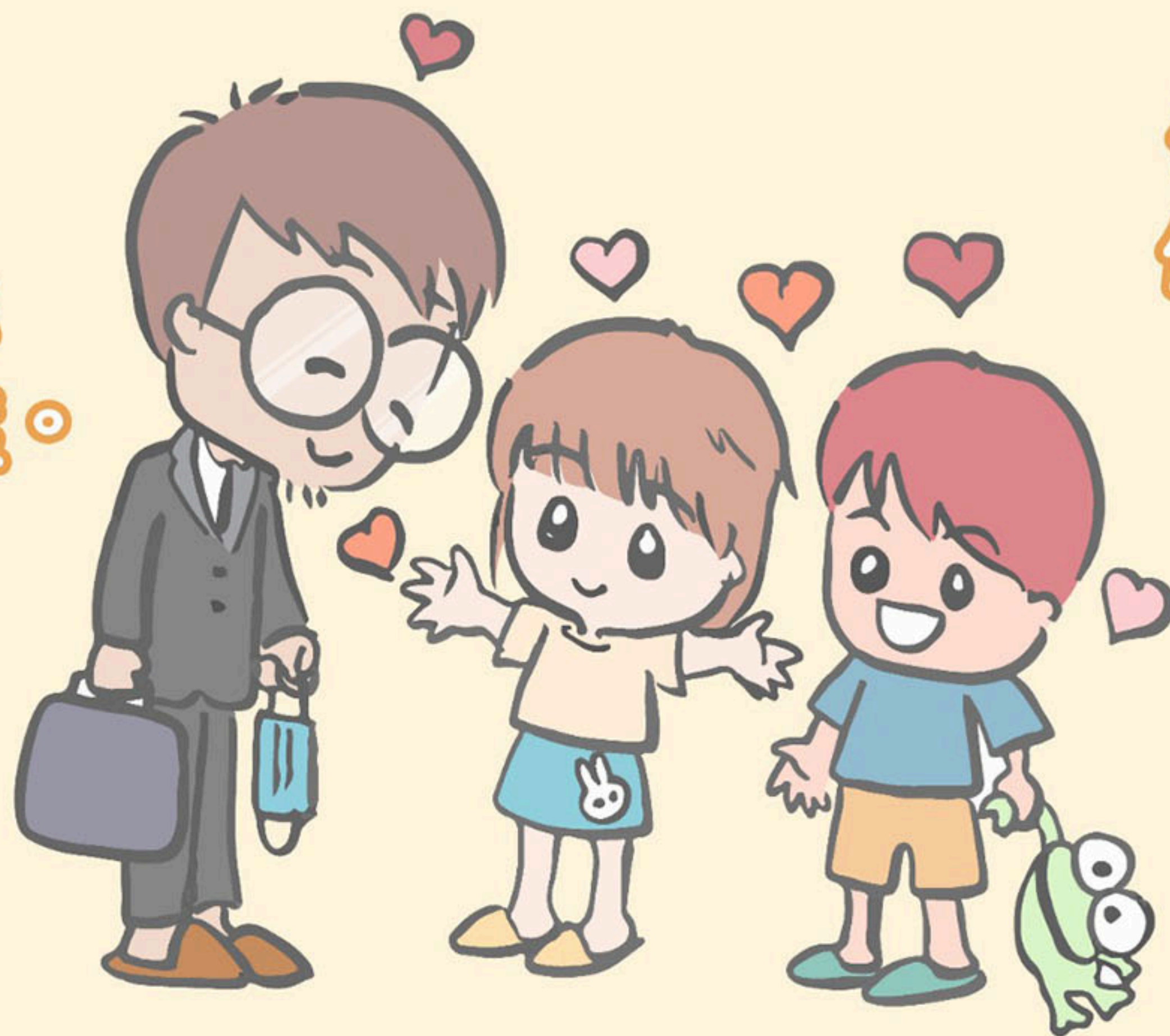


1. Do you speak up for those in need?
2. When facing difficulties, do you face them squarely?
3. In times of uncertainties, do you trust in God's providence with a peaceful heart?
4. Do you consider circumstantial factors and guide your children with flexibility?
5. Do you take it seriously that God has placed your wife and children under your care?
6. Do you often share new ideas with your children?
7. I rely on God to turn family difficulties into opportunities.
8. Do you enjoy leaving your comfort zone to try new things in life?
9. Do you defend and protect the needs of your children?
10. Do you often come up with creative solutions in solving problems?

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10條問題測試你是否勞動的爸爸？

這反映出你
勞動的程度。



你答了幾多
個「是」？

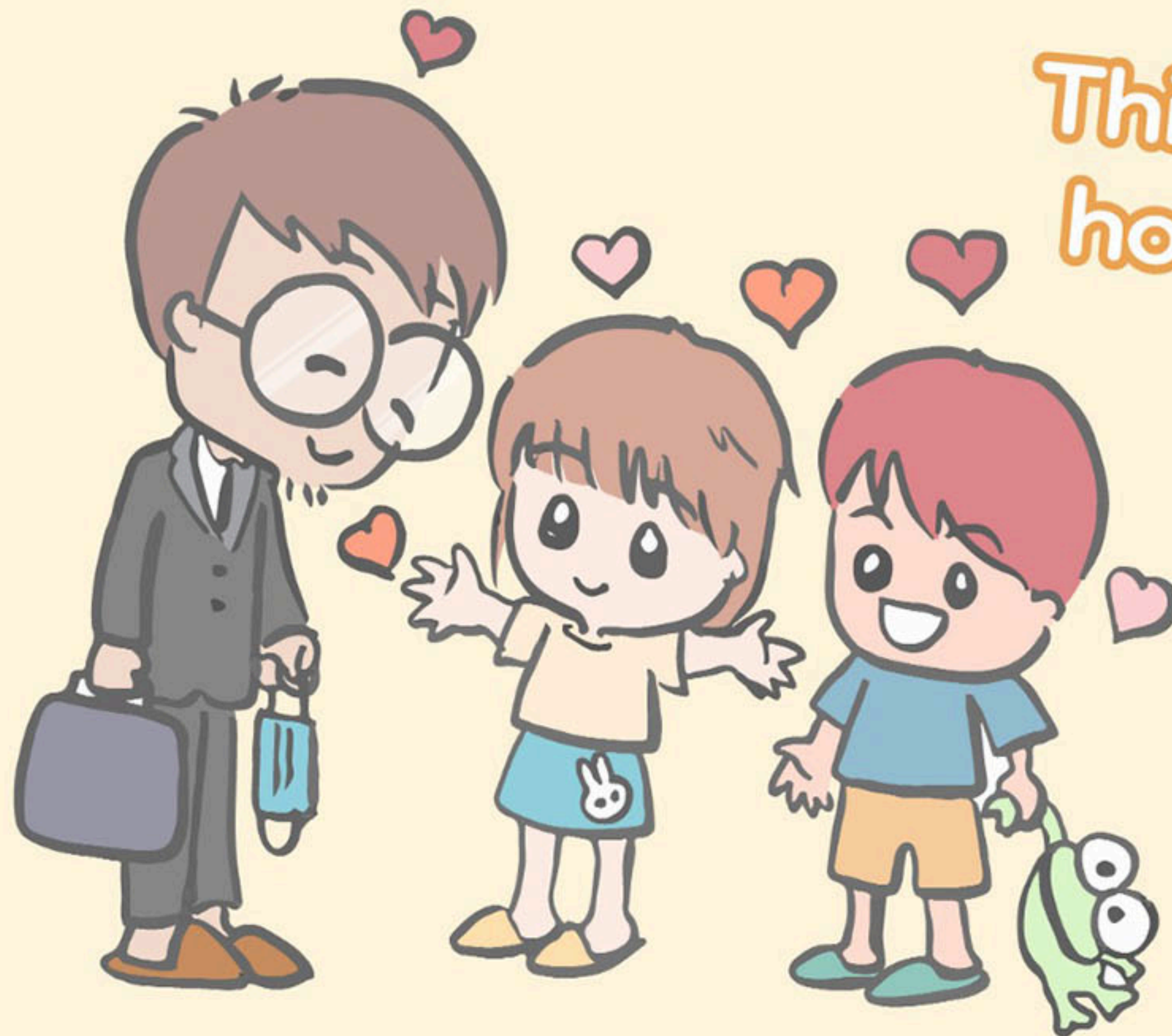
1. 你為家庭而努力工作
2. 你能平衡工作和家庭生活
3. 除了薪酬外，你找到工作的其他價值
4. 經過一天辛勞，你回家後會協助家務
5. 你會為子女立下從事正當職業，不剝削欺詐的好榜樣
6. 你會為自己雙手賺來的報酬而感到自豪
7. 你會和家人分享工作中的苦與樂
8. 你會在工作外，服務及關心有需要的人
9. 你會在工作上抗拒權力和金錢的誘惑
10. 透過工作，你發揮了天賦的才能，成為有用有貢獻的人

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10 questions to find out if you are a working father

How many of these did you answer "yes"?



This reflects how working you are.

1. In your occupation, do you work diligently for the family?
2. Are you able to balance work and family life?
3. Other than salary/remuneration, do you find other values in your occupation?
4. After a day of work and returning home, will you still take active part in domestic chores?
5. Through your labour in the work life, do you make good use of your God-given talents and make contributions to others?

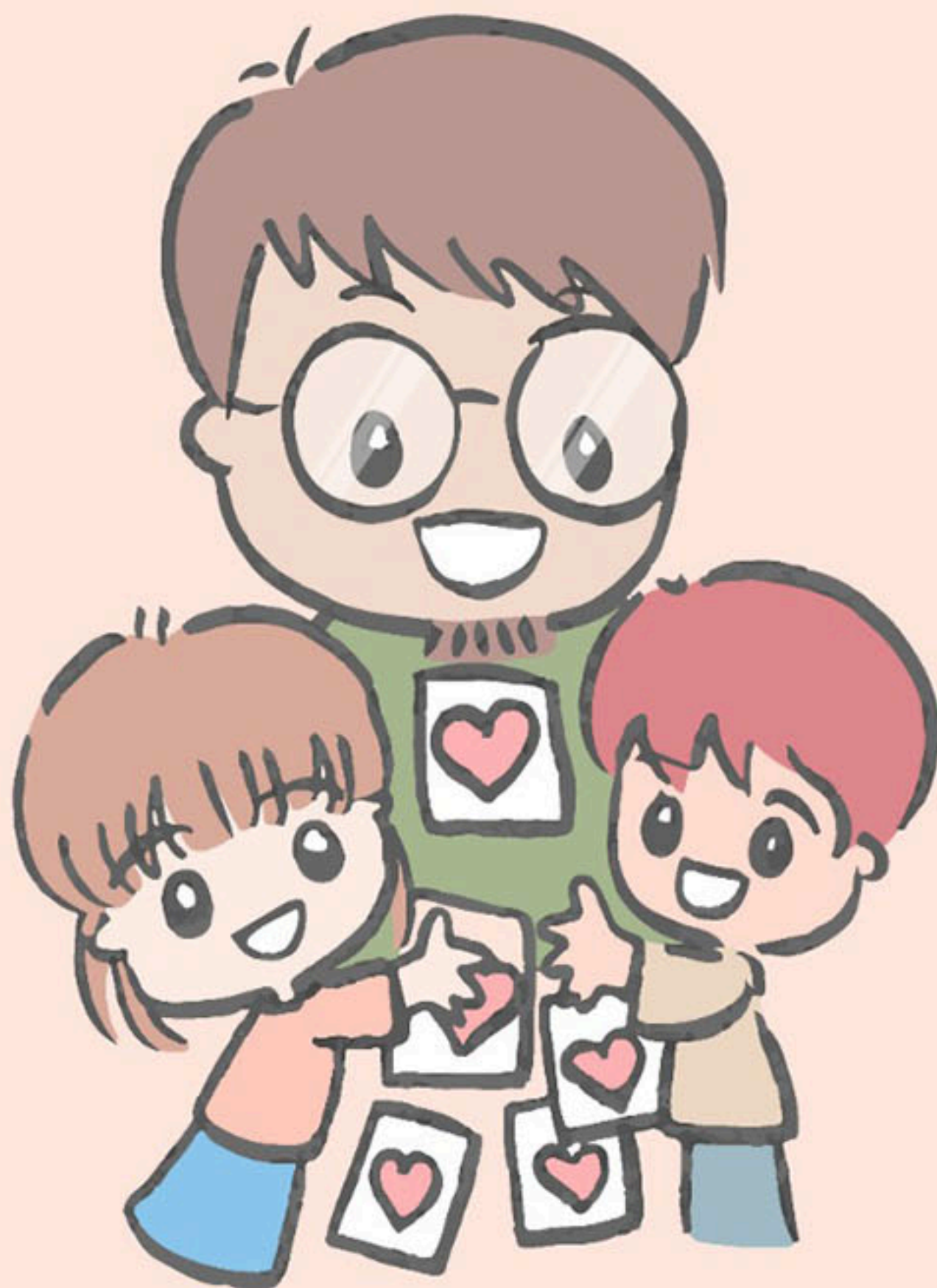
6. Are you proud of earning a living through your own labour?
7. To set a good example for your children, do you engage yourself in a respectable job, shunning exploitative and fraudulent activities?
8. Do you show care and serve people who are in need apart from your work life?
9. Do you resist the lure of power and money arising from your occupation?
10. Do you share the joys and sorrows of your occupation with the family?

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10條問題測試你是否反映天父影像的爸爸？

這反映出你
反映天父影像
的程度。



你答了幾多
個「是」？

1. 你會肩負起養育子女的責任。
2. 你會引導孩子進入生活體驗和現實中。
3. 你不會事事壓抑子女，束縛子女，管制子女。
4. 你會經常留意子女的近況，主動關心他們的需要。
5. 你會陪伴妻兒，並將他們的生活置於自己生活的中心。
6. 你不會視子女為你的擁有物。
7. 你會容許子女犯錯，從中學習。
8. 你會跟子女有商有量，尊重他們的看法和意願。
9. 你會在適當情況下讓子女作出選擇、享有自由和探索新機遇。
10. 你記得天父才擁有真正的父權，自己只是受委託去照顧子女。

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10 questions to find out if you are a father in the shadow of the Heavenly Father

How many of these did you answer "yes"?



This reflects how much you act as a father in the shadow of the Heavenly Father.

1. Do you accompany your wife and children, and let their lives lie at the centre of your own life?
2. Do you take up the responsibility to bring up and nurture your children?
3. Do you often pay attention to your children, and proactively take care of their needs?
4. Do you provide guidance for your children regarding life experiences and reality?
5. Do you withhold constraining your children, being overly protective or controlling?
6. In suitable situations, do you allow your children make decisions for themselves, enjoy freedom and explore new possibilities?
7. Do you allow your children to make mistakes and turn them into learning opportunities?
8. Do you hold open discussion with your children, and respect their viewpoints and wishes?
9. Do you treat your children as possessions?
10. Do you remember this: That your children belong ultimately to our Heavenly Father and He has only entrusted them to your care?

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